

Training of MST Supervisors to Facilitate Positive Impact on Therapists and Youth Outcomes

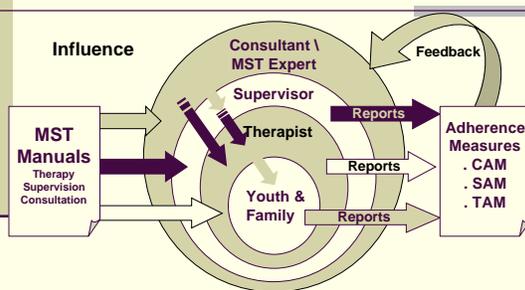
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MST Quality Assurance System

Elements of the MST Quality Assurance system:

- Structured trainings (orientations and boosters)
- On-the-job training
- Weekly supervision and consultation
- Development planning for all professionals
- Research-validated adherence technologies

Supporting Adherence to MST



Supervisor Adherence Measure (SAM)

- Supervision structure & process (SP)
- Promotion of MST principles (AP)
- Promotion of MST analytic process (ANP)
- Supervisor development of clinician's skills and competencies (CD)

Schoenwald, Henggeler, & Edwards, 1998; Henggeler Schoenwald, Letourneau, Liao, & Edwards, 2001; Schoenwald, Sheidow, & Chapman, in preparation

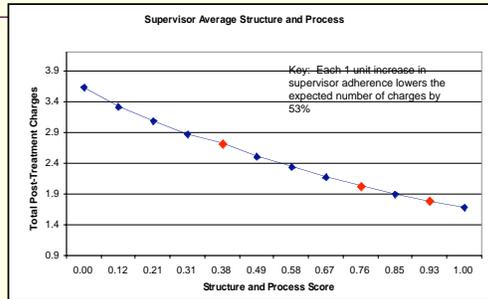
Supervisor Adherence Measure (SAM) Sample Items

- The supervisor referred to specific MST principles while discussing cases
- When clinicians described their ideas about the causes of problems, "fit circles" were developed and discussed in session
- Outcomes were described in observable and measurable terms
- You could tell that the supervisor was in charge of the (supervision) sessions

How Much Did Supervisor Adherence Matter?

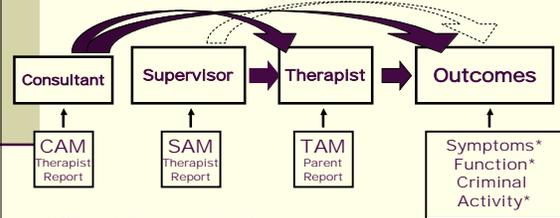
- During a youth's treatment episode, all 4 SAM scales, a 1 unit increase over the supervisor's typical adherence a 43% - 45% lower rate of post-treatment charges for youths.
- On supervisor overall average SP, a 1-unit increase 53% lower rate of charges.

Supervisor Adherence Predicts 2-Year Post-Treatment Youth Criminal Activity*



*MST Transportability Study, funded by NIMH and NIDA, Schoenwald, PI

Empirically – Tested Fidelity Links



* RCTs and Transportability Study

MST Supervisor Training

Purpose: To achieve positive clinical outcomes through the implementation of the supervision protocols used in the clinical trials of MST, as well as new protocols developed during dissemination.

MST Supervisor Training, con't

- Orientation to MST supervisory model
- Monthly (or more frequent) development and support calls with MST expert
- Monthly (or more) feedback from MST expert on group supervision tapes and supervisor's prep notes
- Feedback from MST expert on clinician development plans
- Quarterly on-site booster training for supervisors

Assumptions Underlying MST Supervisor Development Process

- Focus is on skill development
- Builds upon supervisors' strengths, including skills using empirically-based treatment approaches
- Emphasizes the use of work samples and behavioral observation
- MST principles establish adherence guidelines
- Emphasizes the role of critical thinking and evidence-based decision making
- Emphasizes supervisor accountability for clinician development and team outcomes